

OCTOBER

MEAL CALENDAR



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30 Breaded Chicken Bites, Spring Salad, & Shoestring Potatoes Cheese Pizza	1 Belgian Waffles with Organic Maple Syrup, Bacon, & Strawberries Belgian Waffles	2 French Toast Sticks with Organic Maple Syrup, Breakfast Sausage & Strawberries French Toast Sticks	3 Lemon Cream Chicken with Butter Pasta & House Salad Homemade Mac N' Cheese	4 New York Style Pepperoni Pizza Cheese Pizza
7 Grilled Cheese, Shoestring Potatoes & Apple Slices Grilled Cheese	8 Teriyaki Beef, with Asian Veggie Noodle Toss & White Rice Cheese Quesadilla	9 Chicken Sandwich, Shoestring Potatoes, & Mixed Berries Homemade Mac N' Cheese	10 Cheese Tortellini with Classic Red Sauce, Spring Salad, & Roll Cheese Tortellini	11 New York Style Pepperoni Pizza Cheese Pizza
14 No School	15 Pancakes with Organic Maple Syrup, Breakfast Sausage & Strawberries Pancakes	16 Grilled Sausage with Homemade Mac N' Cheese, & Apples Homemade Mac N' Cheese	17 Chicken Parmigiana Sub with Red Sauce & Caesar Salad Grilled Cheese	18 New York Style Pepperoni Pizza Cheese Pizza
21 Breaded Chicken Bites, Spring Salad, & Shoestring Potatoes Homemade Mac N' Cheese	22 Scrambled Eggs, Bacon, Hash Browns, Breakfast Sausage, & Apple Slices Scrambled Eggs	23 Teriyaki Chicken, with Asian Veggie Noodle Toss, White Rice, & Assorted Fruits Homemade Mac N' Cheese	24 Baked Ziti with Chicken & Broccoli, Spring Salad, & Garlic Roll Baked Ziti	25 New York Style Pepperoni Pizza Cheese Pizza
28 Breaded Chicken Bites, Spring Salad, & Shoestring Potatoes Homemade Mac N' Cheese	29 Cheese Quesadilla with Chicken Taquitos, Spanish Rice & Corn Cheese Quesadilla	30 Beef Sliders with Cheddar Cheese & Fruit Salad Homemade Mac N' Cheese	31 Garlic Butter Pasta with Sweet Italian Sausage, Red Sauce, Caesar Salad, & Garlic Roll Garlic Butter Pasta	1 New York Style Pepperoni Pizza Cheese Pizza